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KINDNESS COUNTDOWN

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DAY 1 Give a compliment to someone.	**DAY 2** Invite someone new to play.	**DAY 3** Share with a classmate.	**DAY 4** Let someone else go first in line.
DAY 5 Make someone laugh or smile.	**DAY 6** Help a friend or classmate.	**DAY 7** Write a kind note to someone.	**DAY 8** Hold the door open for others.

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DAY 9 Say "hello" to someone new.	DAY 10 Help someone without being asked.	DAY 11 Smile at everyone you pass by today.	DAY 12 Teach someone something new.
DAY 13 Pick up litter and throw away.	DAY 14 Thank a school staff member.	DAY 15 Sit with someone new at lunch.	DAY 16 Say "please" and "thank you" all day.

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DAY 17	DAY 18	DAY 19	DAY 20
Clean up without being asked.	List things you like about yourself.	Tell someone they did a great job.	Choose your own act of kindness.

